



Dear Family/Guardian

Your camper has been accepted to attend Exceptional Citizen's Week at Camp Pembroke from August 17 through August 23, 2025. We want to thank you in advance for letting us share this week with your exceptional citizen (camper). Our volunteer staff will care for your loved one as if they were our own. We have a full week of exciting activities planned that include horseback riding, swimming, boat rides, archery, and arts and crafts to name a few. The camp theme for the week will be a mashup of *Wicked* and *The Wizard of Oz*.

IMPORTANT:

- If for some reason your camper is **unable to attend**, please notify us immediately at **execdir@ecweek.org** so that we may give this space to another camper from our camper waiting list.
- Reminder about our acceptance process: Priority is given to our new campers and those that have not been in many years. Because of this, it may be some time before your camper is invited to apply again.

Pre-camp preparation:

- Please see the "EC Week Packing List" (attached) for what general camp items to prepare and bring to camp.
- **Mobility:** We need any equipment that your camper may need such as a wheelchair, stroller, walker, etc. Camp requires a lot of walking so please anticipate any assistance your camper will need.
- **Medications:** For campers taking any medication please bring all medications in their original containers with at least a few spare pills, and oral syringes if that is helpful for your camper.
 - The "Infirmary Medication Sheet" (attached) **MUST BE** completed and **signed by a physician** and given to the medical staff at check-in.
 - The medical staff will review medications upon arrival to camp with the attached "Infirmary Medication Sheet" / "Infirmary as Needed Medication Sheet".



- **Medical Supplies:** Please send the medical supplies your camper will need such as tube-feeding supplies, catheter supplies, diapers, bed rails etc. We also request that you send enough for a week plus 2-3 days' worth of extra supplies. Please refer to the *"Infirmary Welcome letter" (attached)* for more detailed instructions for sending medications and medical supplies.
- **Laundry Services** are limited. Therefore, if your camper is prone to accidents please pack extra clothing and bedding. If you anticipate your camper needing to use the limited laundry services, please label their belongings with their first and last name.
- **WIFI is not the best at camp.** We strongly discourage the use of electronics (iPad, iPhone, tablets, etc.) but if technology is essential in assisting your camper throughout the week, please download any music, videos, or games that your camper would like to utilize. Using devices like these for entertainment purposes during camp impacts the camp experience we are striving to create.
- **Sensory Care Needs:** Camp is very proud of its sensory zone that has sensory input items for campers to utilize while at camp. If your camper uses items like noise canceling headphones, weighted blankets, chew toys, fidget toys, etc., please label and bring these to camp.
- **Catholic Mass:** Camp is also proud of its Catholic culture. It has been part of our fabric since EC Week began over 70 years ago. We will be celebrating Mass nearly every day. We encourage all campers to attend whether or not they are Catholic but understand if they can not.
- **Drop off:** EC Week 2025 is being held at Camp Pembroke, Pembroke MA The address is 306 Oldham St, 02359. Please follow the schedule below for drop off. Parking is limited at Camp Pembroke. You will need to quickly unload your campers belongings at their cabin and immediately move to a designated parking area if you need to stay longer. We will provide help unloading at the cabins.
 - Campers with last name beginning with A to I drop off is 9-9:45
 - Camper with last name beginning with J to Q drop off at 10-10:45



Exceptional Citizens Week

- Campers with last name beginning with R-Z drop off 11-11:45
- Campers may NOT come with staff on Saturday.
- Do not forget the completed "Infirmary Medication Sheet" which MUST BE SIGNED BY A PHYSICIAN and guardian if your camper takes ANY medication prescribed by a provider.
- If your camper does not take any prescribed medications please fill out the "As Needed Medications" section of the infirmary medication sheet. This only needs to be filled out by a parent/guardian. It does NOT require a physician's signature. (Please print Attachment and fill out with your signature)
- **Pick up:**
 - Please follow the same alphabetical schedule for picking up your camper on **Saturday, August 23, 2024** beginning at **9 am**.

Sincerely,

Michael McLaughlin
Executive Director, EC Week
execdir@ecweek.org

Attachments: Infirmary Medication Sheet & Suggested packing list